**Counselor Education Program Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**North Carolina State University Year of admission \_\_\_\_\_\_\_\_**

**Recommended Program of Studies for Master's Degree Students (on-campus option):**

**Clinical Mental Health Concentration – Updated 2/25/17**

**First Summer Session First Year** (3-6 credits)

ECD 510 Introduction to Counseling (3 cr.)

If taking a second course, options are:

ECD 524 Career Counseling and Development (3 cr.)

ECD 561 Clinical Assessment in Counseling (3 cr.)

Elective course (3 cr.) such as: ECD 692 China Study Abroad (3 cr.) or ECD 590 Crisis Intervention (3 cr.) or ECD 590 Counseling Children and Adolescents

**Second Summer Session First Year** (3-6 credits)

ECD 525 Cross Cultural Counseling (3 cr.)

If taking a second course, options are:

ECD 590 Substance Abuse (3 cr.)

ECD 510 Introduction to Counseling (3 cr.)

ECD 539 Group Counseling (3 cr.)

Elective course (3 cr.) such as: ECD 540 Gender Issues (3 cr.) or ECD 590 Counseling Couples and Families (3 cr.)

**Fall Semester First Year** (15 credits)

ECD 530: Theories of Counseling (4 cr.)

ECD 562: Techniques of Counseling (4 cr.)

ECD 536: Introduction to Clinical Mental Health Counseling (4 cr.)

ECD 539 Group Counseling (3 cr.)

**Spring Semester First Year** (12 credits)

ECI 510: Research Applications in C&I (3 cr.) or equivalent

EDP 575: Multicultural Lifespan Development in Educational Context (3 cr.) or equivalent

ECD 642: Practicum in Counseling (3 cr.)

An elective course (3 cr.)

**First Summer Session Second Year** (3-6 credits)

One or two of the following courses:

ECD 524 Career Counseling and Development (3 cr.)

ECD 561 Clinical Assessment in Counseling (3 cr.)

Elective course (3 cr.) such as: ECD 692 China Study Abroad (3 cr.) or ECD 590 Crisis Intervention or ECD 590 Counseling Children and Adolescents or ECD 510 Introduction to Counseling (3 cr.)

**Second Summer Session Second Year** (3-6 credits)

One or two of the following courses:

ECD 590 Substance Abuse (3 cr.) or

ECD 525 Cross Cultural Counseling (3 cr.) or

ECD 539 Group Counseling (3 cr.) or

Elective course (3 cr.) such as: ECD 540 Gender Issues, ECD 590 Counseling Couples and Families, ECD 525 Cross Cultural Counseling

**Fall Semester Second Year** (12 credits)

**Two** of the following courses: ECD 590 Substance Abuse, ECD 539: Group Counseling, or An elective (3 cr.)

ECD 653: Internship in Clinical Mental Health Counseling (Either 6 hours or 12 hours)

**Spring Semester Second Year** (9 credits)

**One** of the following courses: Anelective (3 cr.), ECD 524 Career Counseling and Development, ECD 561 Clinical Assessment in Counseling, ECD 525 Cross Cultural Counseling or ECD 510 Introduction to Counseling

ECD 690: Internship II (6 cr.)

**Note:**

1. **The following are prerequisites for ECD 642 Practicum in Counseling: ECD 530 Theories of Counseling, ECD 562 Techniques of Counseling, and ECD 536 Introduction to Clinical Mental Health Counseling**
2. **ECD 642 Practicum in Counseling is a prerequisite for Internship.**
3. **Recommended courses prior to ECD 642 Practicum include ECD 510 Introduction to Counseling, ECD 539 Group Counseling, and ECD 525 Cross Cultural Counseling.**
4. **It is strongly recommended that all students do a 2 semester Internship. If students wish to apply for a one semester Internship, they have to appeal to the faculty advisor by following the application process as outlined in the Practicum/ Internship Handbook on the Counselor Education website.**

**NORTH CAROLINA STATE UNIVERSITY** - **COUNSELOR EDUCATION PROGRAM**

**Plan of Work - Clinical Mental Health Concentration (on-campus)**

**Course Semester Completed Credits Grade**

ECD 510: Introduction to Counseling \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 \_\_\_\_\_\_

ECD 524: Career Counseling and Development \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 \_\_\_\_\_\_

ECD 525: Cross Cultural Counseling \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 \_\_\_\_\_\_

ECD 530: Theories of Counseling \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 4 \_\_\_\_\_\_

ECD 536: Introduction to Clinical Counseling \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 4 \_\_\_\_\_\_

ECD 539: Group Counseling \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 \_\_\_\_\_\_

ECD 561: Clinical Assessment in Counseling \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 \_\_\_\_\_\_

ECD 562: Techniques of Counseling \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 4 \_\_\_\_\_\_

ECD 590: Special Problems: Substance Abuse \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 \_\_\_\_\_\_

ECD 642: Practicum in Counseling \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 \_\_\_\_\_\_

ECD 653: Internship in Clinical Mental Health Counseling \_\_\_\_\_\_\_\_\_\_\_\_\_ 12 \_\_\_\_\_\_

(over 1 or 2 semesters) (Internship II register as ECD 690: 6 hrs.) If 1 semester of full-time internship-12 hours.

ECI 510: Research Applications in C&I or equiv. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 \_\_\_\_\_\_

EDP 575: Multicultural Lifespan

Development in Educational Context or equiv. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 \_\_\_\_\_\_

First Elective Course \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 \_\_\_\_\_\_

Second Elective Course \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 \_\_\_\_\_\_

Third Elective Course \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 \_\_\_\_\_\_

**(Note: recommended electives: ECD 590 Counseling Children and Adolescents, ECD 590 Crisis Counseling, ECD 590 Counseling Couples, ECD 540 Gender Issues in Counseling, and or ECD 692 China Study Abroad)**

**Total Credits: 60 \_\_\_\_\_\_**