NORTH CAROLINA STATE UNIVERSITY

Counselor Education Program
Department of Curriculum, Instruction, and Counselor Education

SUMMARY OF ENTRY AND DOCTORAL PROGRAM EVALUATIONS

2012-2013 Academic Year

Prepared By

Anjabeen Ashraf
Graduate Assistant
aashraf@ncsu.edu

Stanley B. Baker
Professor of Counselor Education
Stanley_baker@ncsu.edu

Ashley Nemiro
Graduate Assistant
amnemiro@ncsu.edu

Helen Lupton-Smith
Clinical Coordinator
hslupton@ncsu.edu
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COUNSELOR EDUCATION PROGRAM FACULTY MEMBERS

2012-2013

Stanley B. Baker, professor, coordinator of school counseling program

James Brooks, visiting assistant professor

Roger Callanan, adjunct assistant professor

Edwin F. Gerler, Jr., professor, coordinator of doctoral program

Marc A. Grimmett, associate professor, coordinator of community counseling program

Donna Kornegay, visiting assistant professor

Helen S. Lupton-Smith, visiting assistant professor, coordinator of clinical experiences

Sylvia C. Nassar-McMillan, professor, program head

Sejal Parikh, assistant professor

Jose A. Picart, professor, Vice Provost for Diversity and Inclusion

Angie Smith, visiting assistant professor

Rhonda Sutton, visiting assistant professor

Richard Tyler, visiting assistant professor

Siu-Man R. Ting, professor, coordinator of college counseling program, director of graduate program

Scott Warren, visiting assistant professor
SUMMARY OF PROGRAM EVALUATION
2012-2013 Academic Year

Introduction

In response to the program accountability standards of the Council for the Accreditation of Counseling and Related Educational Programs (CACREP), the Counselor Education program at North Carolina State University annually and periodically engages in evaluation activities designed to meet the following expectations.

- Time will be set aside during the last week of the spring semester to survey graduating entry level (master’s degree) program students annually regarding:
  1. The adequacy of program objectives for the curriculum
  2. Their advisor and the faculty in general
  3. The curricular experiences in which they participated
  4. How well their internships met the program objectives

- Annually, following the spring semester, site supervisors of graduating entry level program interns will be surveyed regarding:
  1. The adequacy of the preparation of their interns
  2. The adequacy of interactions between site supervisors and university supervisors

- Periodically, employers of entry-level and doctoral program graduates will be surveyed in order to determine the perceived effectiveness of the program’s graduates.

- Survey findings will be shared with program stakeholders annually during the following fall semester.

- At the beginning of each semester, the program faculty members will meet to review the academic, professional, and personal development of each enrolled student.

This report presents the findings from surveys of graduating students in the entry-level program and of their internship supervisors at the close of the spring semester of 2013 and the most recent survey of a sample of employers of graduates of the entry level and doctoral programs.
Survey of Graduating Students

Method

In April of 2013, surveys were distributed to each of the graduating students by their university internship supervisors. They were completed anonymously. Means, standard deviations, and sample sizes were determined for each of the items across the sample. The rating scale for the survey was: Excellent = 5, Above Average = 4, Average = 3, Below Average = 2, Inadequate = 1, and Not Qualified to Respond = 0. Average scores can range from 1 to 5 with higher scores indicating better ratings. A copy of the survey is located in the appendices.

Results

All Graduating Students

Twenty four responses were received and analyzed. Means and standard deviations for each of the items are presented below. The range of the means was from a high of 4.56 to a low of 4.35, indicating that all averages were in the above average category.

Rate the adequacy of the program objectives that were presented in the student handbook presented online within the general information about the Counselor Education Program. \( (n = 24) \)

M = 4.44; SD = .614

Rate the adequacy of the faculty in general. \( (n = 24) \)

M = 4.54; SD = .658

Rate the adequacy of your advisor. \( (n = 24) \)

M = 4.56; SD = .577

Rate the curricular experiences in which you participated overall. \( (n = 24) \)

M = 4.35; SD = .647

Rate how well your internship met its objectives. \( (n = 24) \)

M = 4.42; SD = .654

College Counseling Students

Ten responses were received and analyzed. Means and standard deviations are presented below. The range of means was from a high of 4.58 to a low of 4.08, indicating that they were all in the above average category.

Rate the adequacy of the program objectives that were presented in the student handbook presented online within the general information about the Counselor Education Program. \( (n = 10) \)

M = 4.08; SD = .854

Rate the adequacy of the faculty in general. \( (n = 10) \)

M = 4.5; SD = .957

Rate the adequacy of your advisor. \( (n = 10) \)

M = 4.58; SD = .479
Rate the curricular experiences in which you participated overall. (n = 10)  
M = 4.17; SD = .957

Rate how well your internship met its objectives. (n = 10)  
M = 4.5; SD = .577

Clinical Mental Health Counseling Students  
Six responses were received and analyzed. Means and standard deviations are presented below. The range of means was from a high of 4.83 to a low of 4.17, indicating that they were all in the above average category.

Rate the adequacy of the program objectives that were presented in the student handbook presented online within the general information about the Counselor Education Program. (n = 6)  
M = 4.67; SD = .516

Rate the adequacy of the faculty in general. (n = 6)  
M = 4.83; SD = .408

Rate the adequacy of your advisor. (n = 6)  
M = 4.67; SD = .516

Rate the curricular experiences in which you participated overall. (n = 5)  
M = 4.4; SD = .548

Rate how well your internship met its objectives. (n = 6)  
M = 4.17; SD = .753

School Counseling Students  
Eight responses were received and analyzed. Means and standard deviations are presented below. The range of means was from a high of 4.75 to a low of 4.5, indicating that they were all in the above average category.

Rate the adequacy of the program objectives that were presented in the student handbook presented online within the general information about the Counselor Education Program. (n = 8)  
M = 4.63; SD = .518

Rate the adequacy of the faculty in general. (n = 8)  
M = 4.63; SD = .518

Rate the adequacy of your advisor. (n = 8)  
M = 4.75; SD = .463

Rate the curricular experiences in which you participated overall. (n = 8)  
M = 4.75; SD = .463

Rate how well your internship met its objectives. (n = 8)  
M = 4.5; SD = .756
Discussion

The number of survey respondents increased \((N=24)\) compared to last year \((N=18)\). Interestingly, the findings depart from historical trends, most notably that the highest rating across all three tracks was not the internship experience. Adequacy of faculty \((M=4.54)\) and advisor \((M=4.56)\) received the highest mean scores. Although the internship experience was not the highest rating, it remained above average \((M=4.42)\). The rating for curricular experiences decreased from last year \((M=4.35\) overall) but remains above average; student comments included recommendations to include a family counseling course in the curriculum. The handbook rating increased \((M=4.44)\) maybe in part due to efforts that were made to increase accessibility such as publication of the handbook on the counselor education website. The rating for adequacy of program objectives increased across all three tracks; School Counseling \((M=4.63)\), Clinical Mental Health \((M=4.67)\) and College Counseling \((M=4.08)\) with Clinical Mental Health being the highest of the three tracks. Overall, the findings are similar across the three tracks with a few differences. Students rated advisors highly, with an average of 4.56, an increase from last year. School Counseling received the highest \((M=4.75)\) from the three tracks. Comments by students indicated that found the faculty advisors to be receptive and helpful. It seems that the 2012-2013 school year was, overall, a positive experience for students.

All averages were in the above average category, indicating that students are generally pleased with the program. Recommendations made by students indicate a desire for additional guidance via advising relationships and reducing the use of adjuncts, specifically for the substance abuse course.
Survey of Internship Site Supervisors

Method

Surveys were distributed electronically. They were completed anonymously and submitted via the electronic form. Means, standard deviations, and sample sizes were determined for each of the items across the sample. The rating scale for the survey was: Excellent = 5, Above Average = 4, Average = 3, Below Average = 2, Inadequate = 1, and Not Qualified to Respond = 0. Average scores can range from 1 to 5 with higher scores indicating better ratings. A copy of the survey is located in the appendices.

Results

All Site Supervisors

Twenty six responses were received and analyzed. Means and standard deviations for each of the items are presented below. The range of means was from a high of 4.15 to a low of 3.96, indicating that all averages were in the above average and average categories.

How adequately trained by our program was your intern prior to becoming your intern? (n = 26)  
\[ M = 4.15; SD = .834 \]

How well did our faculty supervisor work with you during the internship process? (n = 26)  
\[ M = 4.15; SD = .732 \]

How did our faculty prepare you for performing as a site supervisor? (n = 25)  
\[ M = 3.81; SD = 1.669 \]

College Counseling Site Supervisors

Fifteen responses were received and analyzed. Means and standard deviations for each of the items are presented below. The range of means was from a high of 4.13 to a low of 3.73, indicating that all averages were in the above average and average categories.

How adequately trained by our program was your intern prior to becoming your intern? (n = 15)  
\[ M = 4.13; SD = .915 \]

How well did our faculty supervisor work with you during the internship process? (n = 15)  
\[ M = 3.93; SD = .704 \]

How did our faculty prepare you for performing as a site supervisor? (n = 15)  
\[ M = 3.73; SD = .961 \]
Clinical Mental Health Counseling Site Supervisors

Three responses were received and analyzed. Means and standard deviations for each of the items are presented below. The range of means was from a high of 4.67 to a low of 4.33, indicating that all averages were in above average category.

*How adequately trained by our program was your intern prior to becoming your intern?* (n = 3)

\[ M = 4.67; SD = .577 \]

*How well did our faculty supervisor work with you during the internship process?* (n = 3)

\[ M = 4.67; SD = .577 \]

*How did our faculty prepare you for performing as a site supervisor?* (n = 3)

\[ M = 4.33; SD = .577 \]

School Counseling Site Supervisors

Eight responses were received and analyzed. Means and standard deviations for each of the items are presented below. The range of means was from a high of 4.38 to a low of 4.29, indicating that all averages were in the above average and category.

*How adequately trained by our program was your intern prior to becoming your intern?* (n = 8)

\[ M = 4; SD = .756 \]

*How well did our faculty supervisor work with you during the internship process?* (n = 8)

\[ M = 4.38; SD = .744 \]

*How did our faculty prepare you for performing as a site supervisor?* (n = 7)

\[ M = 4.29; SD = 1.67 \]

Discussion

The site supervisor findings were similar to historical trends as well. For example, the site supervisors often rate the quality of the interns and their preparation higher than the faculty’s efforts to assist them even though all of the ratings are quite good. Site supervisors stated that the interns had a ‘good foundation’ when beginning their internships.

The return rate \((N=26)\) was significantly higher than last year \((N=11)\). It seems that our efforts to increase the collection rate of site supervisor data proved successful perhaps in part of our efforts to collect data electronically.

The ratings for ‘how well the faculty supervisor worked with the site supervisor’ item decreased overall \((M=3.96)\), with decreases in College Counseling
(M=3.73) and School Counseling (M=4.29) and an increase for Clinical Mental Health (M=4.33). Interestingly, two supervisors commented that their rating of ‘3’ was based on their perception that the assistance was available if needed; however, they as veteran supervisors did not require assistance. One response, a ‘0’ was removed from the data for this item, particularly in light of the comment left expressing the desire to host another intern and continued collaboration and growth as a supervisor. Based on additional comments by site supervisors, regular contact via email served to improve the relationship between faculty and site supervisors.

The ‘how well did our faculty prepare you for performing as a site supervisor item’ decreased from the previous year (M=4.15) although it remains above average. The ratings for that item improved for the College Counseling (M=3.93) and Clinical Mental Health (M=4.67) tracks. Additionally, comments left by site supervisors indicated that regular contact with the faculty supervisors via email and face to face meetings proved valuable in addition to the training programs offered twice a year. Several supervisors left comments indicating how helpful the training sessions and meetings were.

Amongst the highest ratings across all three tracks was for ‘how adequately trained by our program was your intern prior to becoming your intern’ with College Counseling (M=4.13) and Clinical Mental Health (M=4.67) increasing from the previous year. School Counseling (M=4) decreased but remains above average. Reflective of the intern ratings, supervisor comments repeatedly highlighted intern attributes such as counseling knowledge and self-awareness. One comment indicated the excellence of multiple interns that the supervisor has worked with from our program. Overall, site supervisors are pleased with our interns.
Survey of Employers

**Method**

The most recent survey of employers was conducted in spring 2011. We identified 107 graduates of the entry level and doctoral programs between 2007-2010. Surveys were sent electronically to these graduates with a cover letter explaining the survey and requesting their permission and help by asking their employers/supervisors to complete and return the surveys to the program. Four emails were bounced back. The effective sample size was 103. A follow-up email was sent to the alums a week later. All responses were collected in three weeks. A copy of the cover letter and of the Employer Survey was listed in the Appendix.

**Findings**

Eighteen responses were received and analyzed, yielding a response rate of 17.5%. Means and standard deviations for each of the items are presented below. The range of means was from a high of 4.89 to a low of 4.25, indicating that all averages were in the Above Average category.

<table>
<thead>
<tr>
<th>Items</th>
<th>M</th>
<th>SD</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Understands the nature and needs of individuals and groups.</td>
<td>4.77</td>
<td>.43</td>
</tr>
<tr>
<td>2. Facilitates interpersonal relations with clients, colleagues,</td>
<td>4.72</td>
<td>.46</td>
</tr>
<tr>
<td>supervisors, and parents</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Ability to conduct in-house research and evaluation and report the</td>
<td>4.50</td>
<td>.52</td>
</tr>
<tr>
<td>results clearly to others.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Performance in applicable assessment activities (i.e., testing,</td>
<td>4.35</td>
<td>.49</td>
</tr>
<tr>
<td>diagnosis, interpretation, reporting).</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Ability to assemble, organize, and disseminate counseling</td>
<td>4.61</td>
<td>.50</td>
</tr>
<tr>
<td>information effectively (e.g., career, personal-social, and</td>
<td></td>
<td></td>
</tr>
<tr>
<td>governmental information).</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. Effectiveness in group counseling or developmental or preventive</td>
<td>4.61</td>
<td>.61</td>
</tr>
<tr>
<td>groups.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. Performance when working in one-to-one relationships with clients</td>
<td>4.89</td>
<td>.32</td>
</tr>
<tr>
<td>8. Skill in applying appropriate strategies in crises.</td>
<td>4.25</td>
<td>.68</td>
</tr>
<tr>
<td>9. Ability to maintain liaisons and cooperative working relationships</td>
<td>4.67</td>
<td>.49</td>
</tr>
<tr>
<td>with agencies in the community at large.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. Ability to handle administrative responsibilities effectively.</td>
<td>4.78</td>
<td>.43</td>
</tr>
<tr>
<td>11. Sensitivity to cultural, gender, disability, and sexual-orientation issues.</td>
<td>4.89</td>
<td>.32</td>
</tr>
<tr>
<td>12. Performance as an advocate for her/his clients, profession, and agency/school.</td>
<td>4.72</td>
<td>.46</td>
</tr>
<tr>
<td>13. Ability to behave in an ethically appropriate manner.</td>
<td>4.89</td>
<td>.32</td>
</tr>
</tbody>
</table>
14. Ability to cope with the technological challenges associated with her/his position.  
15. Ability to develop thoughtful, well organized programs that meet the needs of clients/students/or others.  
16. Understanding of career and lifestyle development.  
17. Efforts to strengthen his or her professional development.

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Rating</th>
<th>Standard Deviation</th>
</tr>
</thead>
<tbody>
<tr>
<td>14</td>
<td>4.59</td>
<td>.51</td>
</tr>
<tr>
<td>15</td>
<td>4.56</td>
<td>.62</td>
</tr>
<tr>
<td>16</td>
<td>4.41</td>
<td>.62</td>
</tr>
<tr>
<td>17</td>
<td>4.67</td>
<td>.49</td>
</tr>
</tbody>
</table>

**Discussion**

All items rated above average range, all items were above 4 out of a five-point Likert scale, most items were above 4.5. The highest scores were found in the following areas: facilitating skills, counseling programs, administration, use of technology, delivery of counseling services, cultural skills, professional ethics, advocacy for clients, liaison with agencies, and group counseling. Scores which are slightly lower (but still above 4.0) include assessment and crisis counseling. This shows that our employers continue to rate between above average and excellent on most of the items including professional ethics, individual and group counseling needs and strategies, and working relationship with clients. The overall findings are encouraging. Our graduates in the study appear to be doing well.
APPENDICES

Student Survey

Site Supervisor Survey

Employer Survey
Counselor Education Program  
North Carolina State University  

Student Survey  

Directions: Please respond to the following questions to the best of your ability. This information will help us to continue efforts to improve our training program and fulfill the requirements of our accrediting agency The Council for the Accreditation of Counseling and Related Educational Programs (CACREP). Note that these ratings are important information for the program faculty, its students, and its graduates. The information from these surveys will be used for department self-assessments and improvements and will be shared with prospective students and agencies who employ our students. Therefore, we are all stakeholders in the outcomes.

For each item use the following rating scale:

Excellent = 5, Above Average = 4, Average = 3, Below Average = 2, Inadequate = 1  
Not Qualified to respond = 0

<table>
<thead>
<tr>
<th>Rating</th>
<th>Question</th>
</tr>
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</table>
| _____  | 1. Rate the adequacy of the program objectives that were presented in the student handbook presented online within the general information about the Counselor Education Program.  
Comments |
| _____  | 2. Rate the adequacy of the faculty in general.  
Comments |
3. Rate the adequacy of your advisor

Comments

4. Rate the curricular experiences in which you participated overall

Comments

5. Rate how well your internship met its' objectives

Check the setting in which your internship took place:
College/university ___
Public school ___
Clinical MH ___

Comments

Thank You
Counselor Education Program
North Carolina State University

Site Supervisor Survey

Introduction: We are very interested in acquiring feedback from our site supervisors that will help us to assess the adequacy of our training program and engage in a continuous process of improvement. Each year, we attempt to acquire feedback from interns, university supervisors, and site supervisors about the internship process that will help us to work toward achieving a high level quality in our training program. Please help us by completing this brief survey at your earliest convenience and returning it in the stamped, self-addressed envelope that has been provided. Please use the reverse side of this survey to complete comments if necessary.

Descriptive information: Circle the designation that best describes your site:

- elementary school
- middle school
- secondary school
- agency
- college or university

Would you be willing to supervise one of our interns again? (check one)
Yes____No____

For each item use the following rating scale:

Excellent = 5, Above Average = 4, Average = 3, Below Average = 2, Inadequate = 1
Not Qualified to respond = 0

Rating Question

1. How adequately trained by our program was your intern prior to becoming your intern?

Comments

2. How well did our faculty prepare you for performing as a site supervisor?

Comments
3. How well did our faculty supervisor work with you during the internship process?

Comments

Thank You
**Counselor Education Program**  
**North Carolina State University**

**Employer Survey**

**Directions:** Please respond to the following questions about our graduate’s performance to the best of your ability. After completion, please return the survey by sending it via email to raymond_ting@ncsu.edu by May 13 (Fri), 2011.

Use the scale below to rate the graduate of our program on each item:
Excellent = 5, Above Average = 4, Average = 3, Below Average = 2, Inadequate = 1
Not Qualified to respond = 0

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<td>5</td>
<td>5. Ability to assemble, organize, and disseminate counseling information effectively (e.g., career, personal-social, and governmental information)</td>
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<tr>
<td>6</td>
<td>6. Effectiveness in group counseling or developmental or preventive groups.</td>
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<tr>
<td>7</td>
<td>7. Performance when working in one-to-one relationships with clients.</td>
</tr>
<tr>
<td>8</td>
<td>8. Skill in applying appropriate strategies in crises.</td>
</tr>
<tr>
<td>9</td>
<td>9. Ability to maintain liaisons and cooperative working relationships with agencies in the community at large.</td>
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Thank You